A selection of fruit & milk available with meals. Check school website uplifteducation.org for additional information and updates

NOVEMBER 2021

Child Nutrition Program

Breakfast: FREE Lunch: FREE

Menu Subject To Change

Monday **Tuesday** Wednesday **Thursday** Friday **Breakfast: Breakfast:** Breakfast: Breakfast: **Breakfast:** Blueberry Muffin Cereal Bar Cereal Breakfast Pizza Sausage Pancake Sandwich Lunch: Lunch: Lunch: Lunch: Lunch: Meat Lovers, Orange Chicken Rice Bowl Mini Corn Dogs, Chicken Tenders, Roll Breaded Drumstick Steamed Carrots **Potato Wedges** Broccoli **Mashed Potatoes** Breadstick, Pinto Beans Breakfast: **Breakfast: Breakfast: Breakfast: Breakfast:** Banana Loaf Cereal Breakfast Pizza Turkey Cheese Kolache **Turkey Cheese Croissant** Lunch: Lunch: Lunch: Lunch: Lunch: Cheese Pizza Cheeseburger Mac, Breadstick, Chicken Wings, Wheat Roll Chicken Poppers, Breadstick Hot Dog, Steamed Broccoli Carrot & Celery Sticks, Ranch **Potato Wedges** Cucumber W/Ranch **BBQ Baked Beans Breakfast: Breakfast: Breakfast: Breakfast: Breakfast:** Cereal **Donut Holes** Blueberry Muffin Pancake Sandwiches Frudel Lunch: Lunch: Lunch: Lunch: Lunch: Turkey, Sweet Potatoes, Street Taco, Salsa, Taco Cup Cheeseburgers, Burger cups, Meat Lover Pizza Chicken Sandwich, Pickles, Potato Wedges Green Beans, Dressing, Pinto Beans **Steamed Carrots** Steamed Broccoli Roll, Gravy & Cookie Thanksgiving **Breakfast: Breakfast:** Banana Loaf Cereal Lunch: Lunch: Chicken Wings, Ranch, Cheeseburger Mac, Breadstick, Steamed Broccoli Wheat Roll **BBQ Baked Beans**

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