

A selection of fruit & milk available with meals. Check school website [uplifteducation.org](http://uplifteducation.org) for additional information and updates

# NOVEMBER 2021

## Child Nutrition Program

Breakfast: FREE

Lunch: FREE

Menu Subject To Change

### Monday

#### Breakfast: 1

Sausage Pancake Sandwich

#### Lunch:

Breaded Drumstick  
Breadstick, Pinto Beans

#### Breakfast: 8

Banana Loaf

#### Lunch:

Cheeseburger Mac, Breadstick,  
Steamed Broccoli

#### Breakfast: 15

Frudel

#### Lunch:

Chicken Sandwich, Pickles,  
Steamed Broccoli



#### Breakfast: 29

Banana Loaf

#### Lunch:

Cheeseburger Mac, Breadstick,  
Steamed Broccoli

### Tuesday

#### Breakfast: 2

Cereal Bar

#### Lunch:

Orange Chicken Rice Bowl  
Broccoli

#### Breakfast: 9

Cereal

#### Lunch:

Chicken Wings, Wheat Roll  
Carrot & Celery Sticks, Ranch

#### Breakfast: 16

Donut Holes

#### Lunch:

Street Taco, Salsa, Taco Cup  
Pinto Beans



#### Breakfast: 30

Cereal

#### Lunch:

Chicken Wings, Ranch,  
Wheat Roll  
BBQ Baked Beans

### Wednesday

#### Breakfast: 3

Breakfast Pizza

#### Lunch:

Mini Corn Dogs,  
Potato Wedges

#### Breakfast: 10

Turkey Cheese Croissant

#### Lunch:

Hot Dog,  
BBQ Baked Beans

#### Breakfast: 17

Blueberry Muffin

#### Lunch:

Cheeseburgers, Burger cups,  
Potato Wedges

### Thursday

#### Breakfast: 4

Cereal

#### Lunch:

Chicken Tenders, Roll  
Mashed Potatoes

#### Breakfast: 11

Breakfast Pizza

#### Lunch:

Chicken Poppers, Breadstick  
Potato Wedges

#### Breakfast: 18

Cereal

#### Lunch:

Turkey, Sweet Potatoes,  
Green Beans, Dressing,  
Roll, Gravy & Cookie



### Friday

#### Breakfast: 5

Blueberry Muffin

#### Lunch:

Meat Lovers,  
Steamed Carrots

#### Breakfast: 12

Turkey Cheese Kolache

#### Lunch:

Cheese Pizza  
Cucumber W/Ranch

#### Breakfast: 19

Pancake Sandwiches

#### Lunch:

Meat Lover Pizza  
Steamed Carrots

